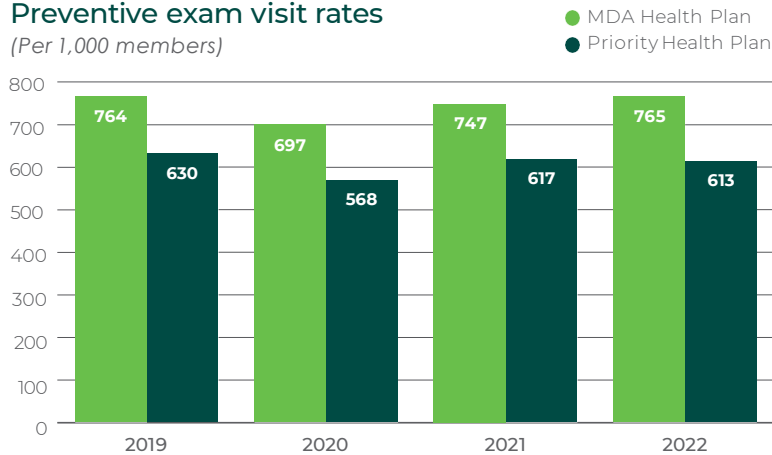


MDA Health Plan members sought preventive exam visits at a rate that is 25% higher than plan average in 2022. Cancer screening and immunization rates were all above plan average in 2022.

Prevention

Preventive exam visit rates

(Per 1,000 members)

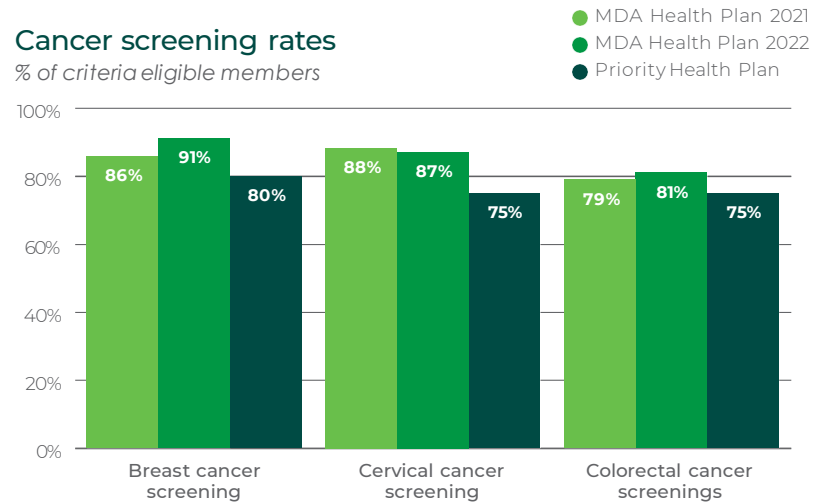


Preventive exam visits by relationship

	# Visits	# Visits (per 1,000)
Employee	1,344	675
Spouse	481	695
Dependent	1,280	929
Total	3,105	—

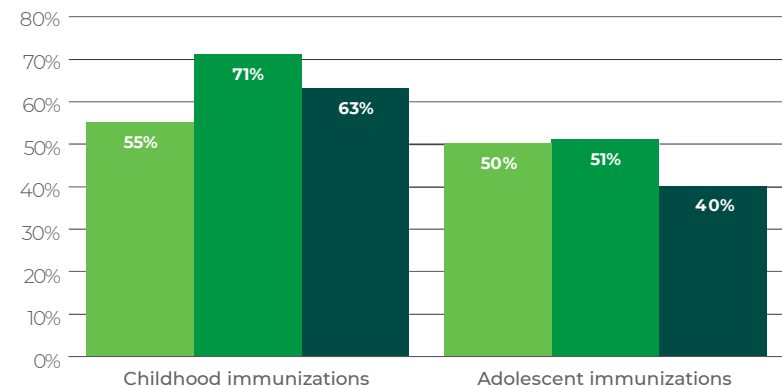
Cancer screening rates

% of criteria eligible members



Immunizations

% of criteria-eligible members

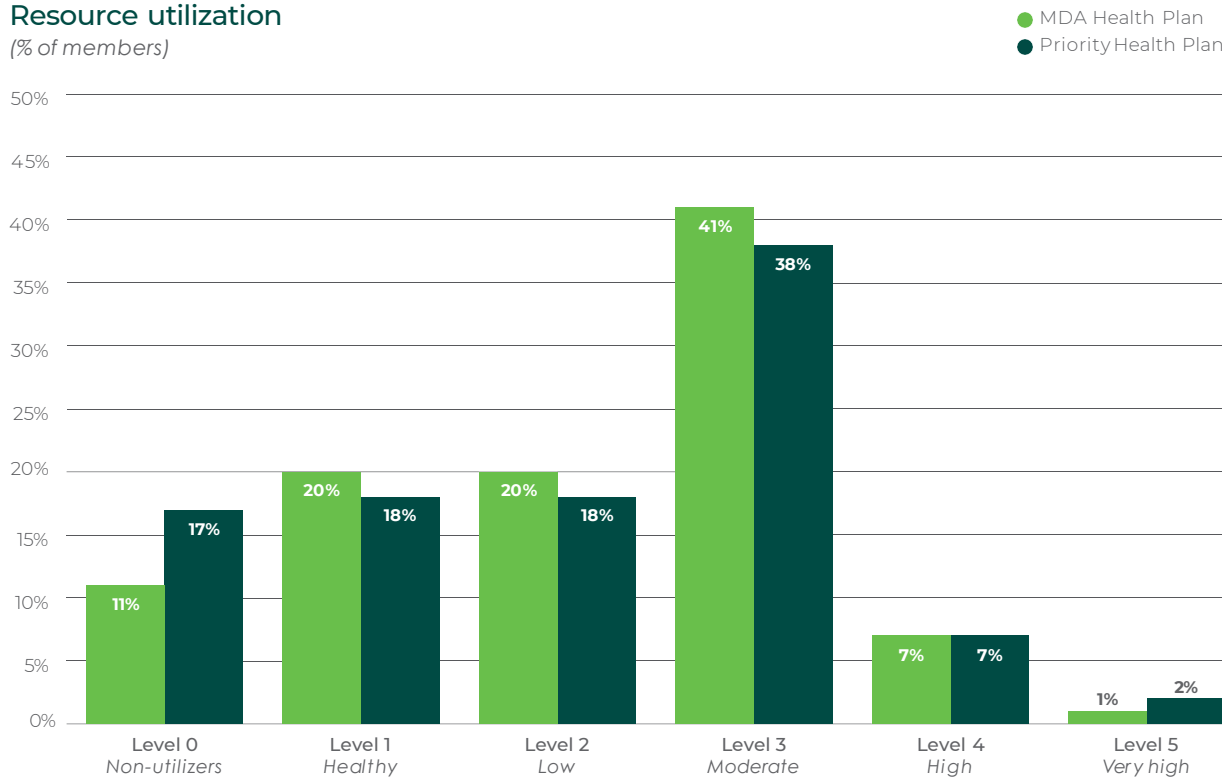


MDA Health Plan is predicted to have a slightly higher proportion of members to experience medium to very high health care utilization compared to plan in the next 12 months. This is more likely driven by the higher healthcare use as an industry versus driven by severity of illness.

Health snapshot

Resource utilization

(% of members)



Levels 3 – 5 represent members with moderate to very high risk of resource utilization:

MDA Health Plan: 49%

Priority Health Plan: 47%

Chronic condition burden:

MDA Health Plan: 37%

Priority Health Plan: 38%

Severity of illness categories are determined by members' demand on healthcare services.

- Age and gender
- Duration and severity of illness
- Number of conditions
- Diagnostic certainty
- Causation
- Expected specialty care

Top episodes of care

Top episodes by relationship can be found in the Appendix

- Better than plan
- In line with plan
- Worse than plan

Episodes	# Members	Cost	% Outlier cost	Prevalence vs. plan	Cost vs. plan	% Change in prevalence (2021 – 2022)	% Change in cost (2021 – 2022)
Inflammatory bowel disease	48	\$1,447,381	65%	●	●	17%	50%
Obstetrics	153	\$1,217,374	—	●	●	8%	27%
Inflammation of skin	775	\$902,910	6%	●	●	2%	-2%
Diabetes	137	\$742,612	—	●	●	-6%	0%
Cancer of breast	35	\$652,064	23%	●	●	12%	-8%
Preventive exam	2,073	\$608,425	—	●	●	0%	6%
Neck and back disorders	588	\$592,790	—	●	●	9%	20%
Fracture or trauma	265	\$575,457	—	●	●	-3%	5%
Cancer of urinary system	5	\$526,422	91%	●	●	28%	242%
Knee and lower leg disorders	138	\$410,677	—	●	●	-6%	-19%
Rheumatoid arthritis	24	\$395,710	22%	●	●	12%	20%
Non-cancerous tumor/lesion of female reproductive system	104	\$388,506	51%	●	●	-10%	7%
Depression	476	\$378,010	—	●	●	5%	11%
Asthma	350	\$359,835	—	●	●	7%	9%
Lung cancer	2	\$331,363	>99%	●	●	-49%	16%

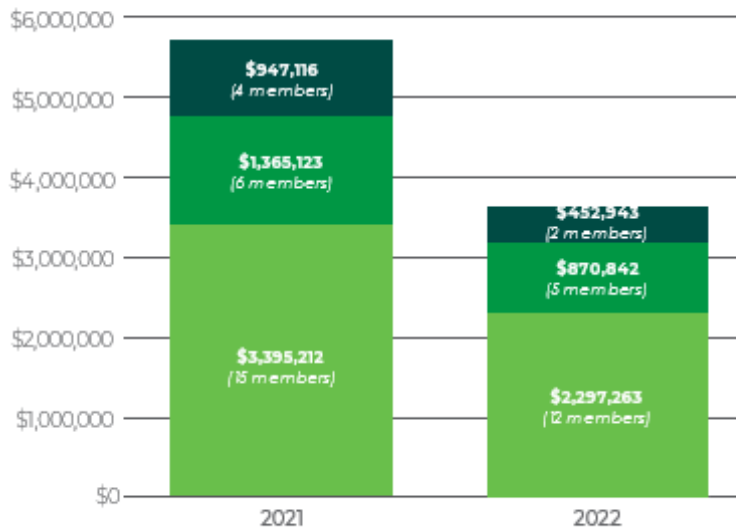
Yellow represents MDA Health Plan's performance of plus/minus 10 percentage points around the plan average and is a confidence interval that is useful for interpretation given the size of the group.

OUTLIER CASES

High cost outlier cases

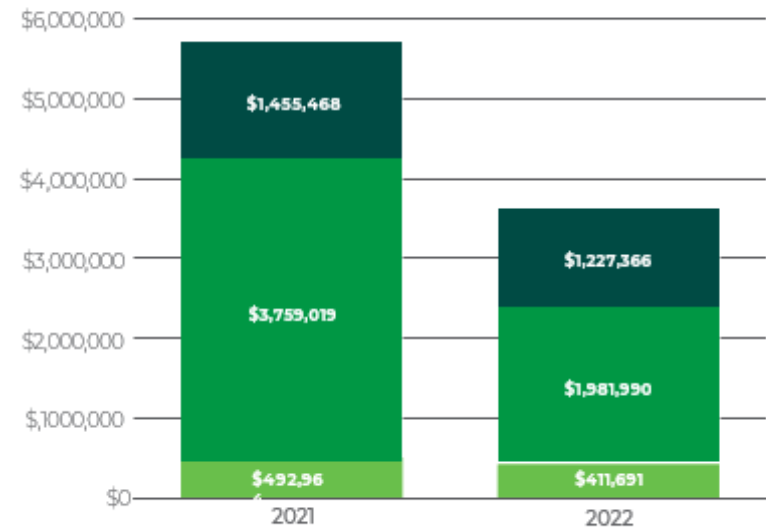
Cases by relationship

- Employee
- Spouse
- Dependent



Cases by service type

- Professional
- Facility
- Pharmacy



Diabetes

(continued)

Diabetes management

	MDA Health Plan		Plan
Diabetes care	2021	2022	2022
Retinal eye screening	60%	52%	67%
Use of statin medications	67%	59%	79%
Kidney health evaluation	28%	32%	54%
Diabetes outcomes			
A1c <8	64%	70%	70%
High blood pressure control Members diagnosed with hypertension			
Blood pressure <140/90	54%	67%	71%

Our team of Certified Diabetes Educators helps members with diabetes and other complex health conditions to:

- Receive diabetes education
- Navigate the health care system
- Find ways to afford their medications
- Adopt healthier lifestyles
- Obtain necessary supplies
- Improve their blood sugar control

Our physician incentive program ensures that our members with diabetes receive optimal care to prevent complications and unnecessary costs.

Livongo Diabetes Management

Livongo is a personalized diabetes management program designed to lower member's A1c, improve overall health and drive down related medical costs. It connects members with clinical support through an integrated digital system offering **Cellular glucose meter providing real-time feedback, unlimited test strips and lancets, personalized insights and guidance based on health goals, 24/7 remote monitoring with emergency outreach and 1:1 live coaching from health experts.**

Diabetes prevention

8 out of 10 new cases of diabetes are caused by poor lifestyle decisions

Diabetes prevention is available online through Omada partnership!

The **National Diabetes Prevention Program** (DPP) is an evidence-based structured lifestyle change program for adults over age 18. Through 16 weekly sessions and six monthly sessions, participants learn to make lifestyle changes to reduce their risk for type 2 diabetes. A Priority Health member with a body mass index (BMI) over 25, diagnosed with pre-diabetes or at-risk for developing diabetes, is eligible for this prevention program. Only eligible members will receive communications regarding Omada.

Diabetes prevention program results	
Members at risk to develop diabetes	608
Members invited by Omada via email	461
Total members enrolled	21 (5%)
Met participation goal (9 of 16 sessions)	7
Met 5% weight loss goal	9
Met 9% weight loss goal	5
Total weight loss	80 pounds

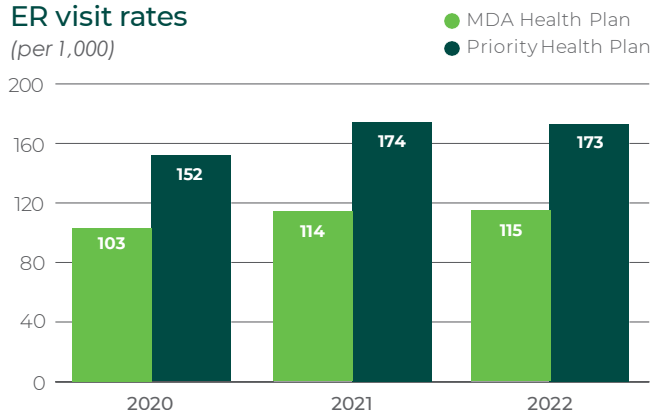
USE OF SERVICES

MDA Health Plan members sought services at the ER at a rate that is 34% lower than plan average, and the urgent care rate is 8% higher. Covid testing or treatment represented 43% of urgent care visits in 2022.

Emergency room usage

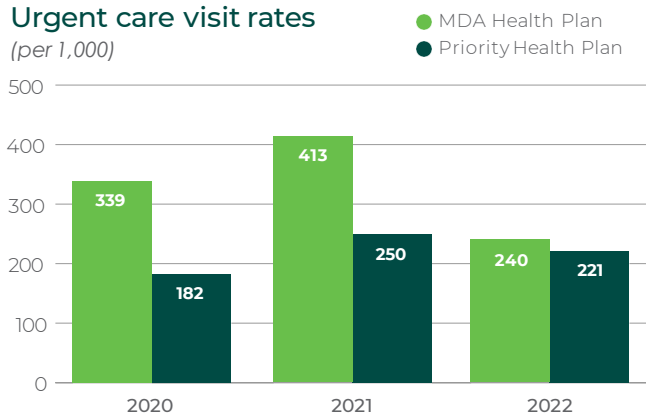
ER visit rates

(per 1,000)



Urgent care visit rates

(per 1,000)



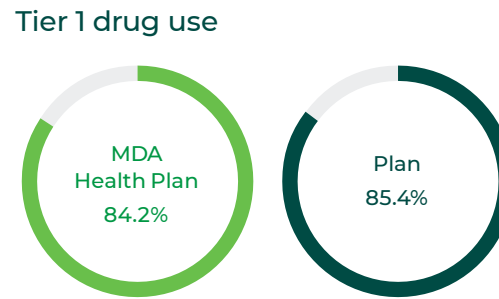
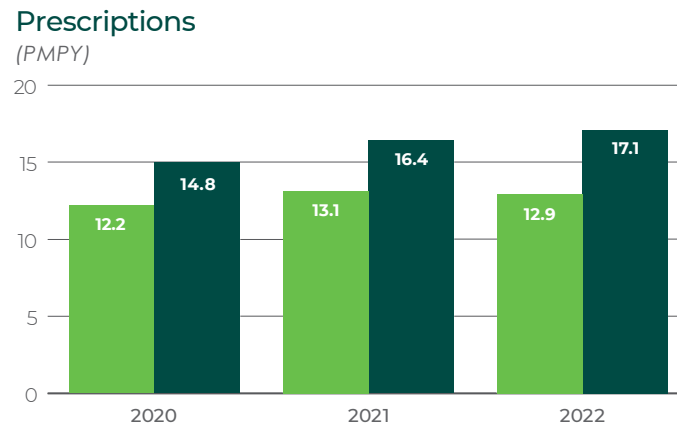
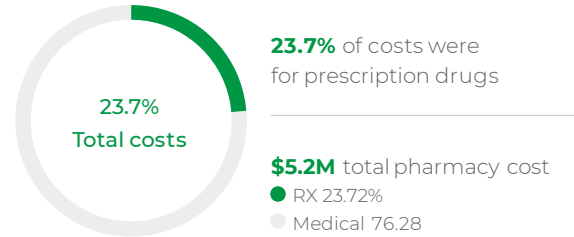
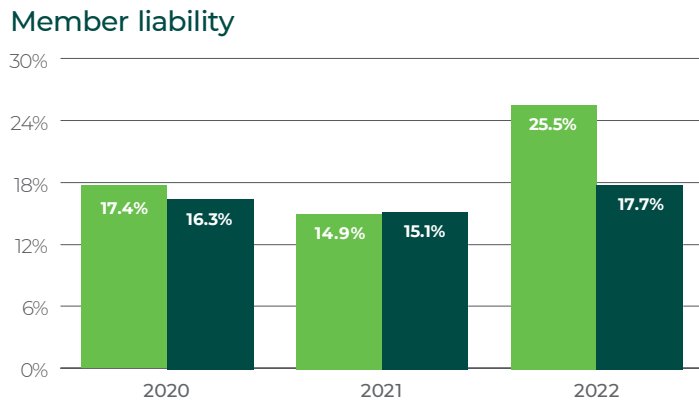
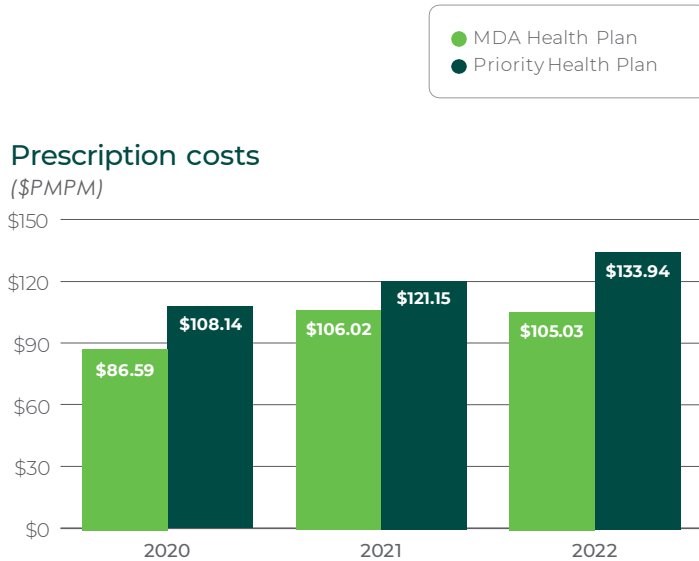
ER visits by relationship

	# of visits	Visits per 1,000
Employee	247	124
Spouse	58	84
Dependent	162	118
Total	467	

ER visits by frequency

# of ER visits	# of members	% of members
1	307	83%
2	41	11%
3	13	4%
4	4	1%
5+	3	1%
Total	368	

Rx snapshot



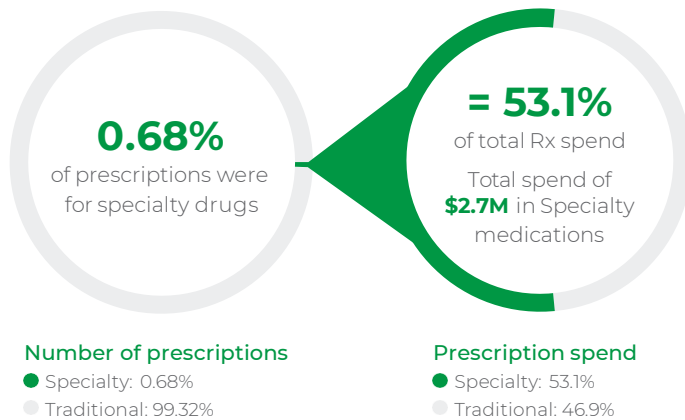
Top 10 Pharmacy Cost Drivers by Condition

- Better than plan
- In line with plan
- Worse than plan

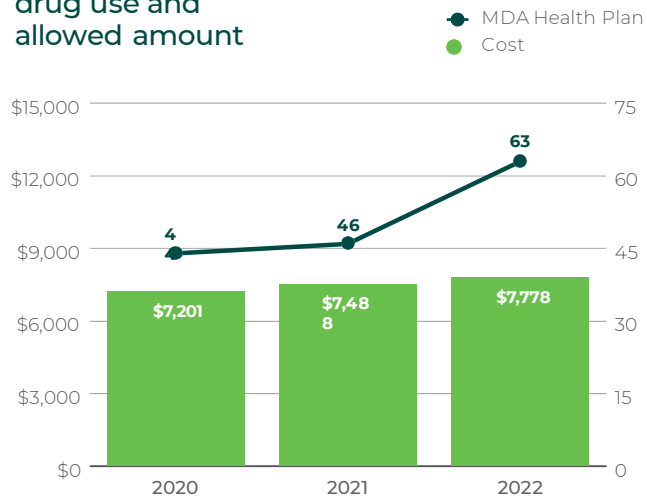
Condition Category	# Members	# Scripts	\$ Total cost	\$ Cost / script	\$ PMPM vs Plan	PMPM	Priority Health Plan
Dermatology*	643	1,318	\$1,124,768	\$853	●	\$22.47	Diabetes
Inflammatory Conditions*	404	1,041	\$1,005,923	\$966	●	\$20.09	Inflammatory conditions*
Diabetes	146	1,691	\$604,698	\$358	●	\$12.08	Dermatology*
Cystic Fibrosis*	>5	12	\$290,580	\$24,215	●	\$5.80	Cancer and transplant*
Asthma and COPD	378	1,834	\$242,752	\$132	●	\$4.85	Asthma and COPD
Neurological Conditions*	12	58	\$175,508	\$3,026	●	\$3.51	Neurologic conditions*
Anticoagulants	51	350	\$153,516	\$439	●	\$3.07	Viral infection*
Viral Infections*	375	933	\$144,827	\$155	●	\$2.89	ADHD and sleep disorder
ADHD and Sleep Disorders	232	1,852	\$143,796	\$78	●	\$2.87	Anticoagulants
Gastrointestinal Agents	32	144	\$105,693	\$734	●	\$2.11	Hematologic conditions*

* Denotes highly influenced by specialty medications

Specialty drugs

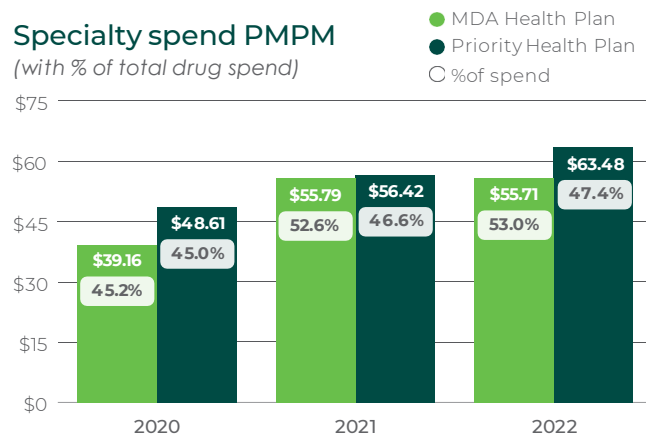


Average specialty drug use and allowed amount



Specialty spend PMPM

(with % of total drug spend)



Conditions with specialty spend > \$50,000

- Cystic Fibrosis
- Inflammatory Conditions
- Multiple Sclerosis
- Dermatology
- Neurologic Conditions