# **UnitedHealth Allies® Discount Card**

Discount card is not insurance.

# UnitedHealth Allies®

# **Discount Plan Savings**

Would you like to look better, feel better, and save money? UnitedHealth Allies® has a solution! UnitedHealth Allies is a discount program that can help you save 10-50%\* on health care services. With UnitedHealth Allies, you'll receive discounts on hundreds of health care products and services from participating health care professionals, facilities, retail chains, and online providers. There are no forms to fill out and no receipts to mail in. You can use your card to save again and again on purchases for yourself, your spouse, and your dependent children, even those away at college.

#### **Medical**

Save on medical care needs for you and your family, including:

- Ancillary Services: Typically save 5-35%\* on urgent care, diagnostics, physical therapy and rehabilitation, and more.
- Doctor Office Visits: Typically save 15-35%\* on primary care and specialists office visits, including allergies and asthma, pediatrics, and many more.
- Hospitals/Outpatient Surgery: Typically save 5-20%\* on many hospital stays and outpatient surgeries that you arrange in advance. Important notes about hospital discounts:
  - The health discount program is not insurance and does not guarantee admission to a hospital or outpatient facility.
  - You must contact Customer Care at (866) 761-7748 to help you arrange your hospital discount prior to admission.
  - The Minimum Discount Guarantee does not apply to hospital care.
  - In case of an emergency, seek medical treatment immediately. If the health care facility is a member of our network, contact Customer Care at (866) 761-7748 for assistance in obtaining your discount.
  - Hospital discounts are not available in Maryland and other states where prohibited by law.
- Medical Supplies and Durable Medical Equipment: Save on everything from diabetes supplies to wheelchairs to aids for daily living.



Use at 60,000 drugstores nationwide, including:

Albertsons	HEB	Osco	Sam's Club
Costco	K-Mart	Publix	Shoprite
CVS	Kroger	Raley's Drug	Target
Dominick's	Long's	Centers	Walgreens
Duane Reade	Marsh	Rite-Aid	Walmart
Eckerd Drugs	Meijer	Safeway	Winn-Dixie

Call Customer Care at (866) 761-7748 for more locations.

# **Pharmacy**

Enjoy typical savings of 18-20%\* on commonly prescribed generic and name brand drugs at approximately 60,000 leading drugstores and supermarkets. To find a drug store near you, visit <a href="https://www.myuhone.unitedhealthallies.com">www.myuhone.unitedhealthallies.com</a> or call Customer Care at (866) 761-7748.

Sometimes drug stores price popular drugs at below-discount rates. You are always guaranteed to receive the lowest price available at that store on that day. Save even more by using the mail order pharmacy for recurring prescriptions.

Note: The Minimum Discount Guarantee does not apply to pharmacies.

## **Disclosure**

The UnitedHealth Allies Discount Program is administered by Health Allies®, Inc., a discount medical plan organization. *UnitedHealth Allies is NOT insurance.* UnitedHealth Allies provides discounts at certain health care providers for medical services. UnitedHealth Allies does not make payments directly to the providers of medical services. The program member is obligated to pay for all health care services, but will receive a discount from those health care providers who have contracted with the discount plan organization. UnitedHealth Allies, Inc., is located at MN103-0550, PO Box 1459, Minneapolis, MN 55414, (877) 426-2559, www.myuhone.unitedhealthallies.com.

You may cancel at any time. If you cancel within 30 days of the effective date you will receive a full refund. This program and its administrators have no liability for providing or guaranteeing service or quality of service rendered.

<sup>\*</sup> Your actual savings will vary based on the health care professional you select and the care you require. Not all specialties are available in all areas.

# UnitedHealth Allies® Discount Card, continued

#### **Alternative Care**

Enjoy savings of 20%\* on alternative care treatments, such as:

- Acupuncture: Acupuncture has proven to be beneficial for many people searching for pain relief. It is one of the fastest growing alternative treatments in the U.S. today.
   Acupuncture may be helpful for a wide range of conditions, from neurological and musculoskeletal problems to digestive, respiratory, and eye, ear, nose, and throat conditions.
- Chiropractic: Chiropractors believe that the spine and the nerves extending from it are the centers of physical health.
   While chiropractors can treat a wide variety of symptoms and conditions caused by a misalignment of the spine, back pain is the cause of most chiropractic visits.
- Massage Therapy: Research by the National Center for Complementary and Alternative Medicines (NCCAM) has shown that massage therapy can benefit both the mind and the body. In addition to providing therapy for injuries, massage therapy can provide relief for muscle pain, stress, joint soreness, poor circulation, sprains, and strains.
- Natural Medicine: Naturopathic, herbal, and homeopathic forms of medicine replace or supplement pharmaceutical medicine with remedies based on natural substances, such as plants and minerals.

#### **Behavioral Health**

When you or an immediate family member needs help coping with life's challenges, UnitedHealth Allies can help. Save on behavioral health care services including addiction medicine and treatment facilities, counseling, pediatric behavioral health, psychology, and psychiatry.

Save typically 15-35%\* on treatment from over 38,000 behavioral health providers, and 15-20%\* at 680 facilities\*\* nationwide.

#### **Dental**

No matter what your dental needs, you can typically save 10-35%\* on quality dental care from professionals nationwide. Now that's something to smile about! Save on these services:

- Cosmetic Dentistry: Services to improve the appearance of teeth, including teeth whitening.
- · Endodontics: Such as root canal treatment.
- General Dentistry: All types of general dentistry services, including cleaning, X-rays, and fillings.
- · Oral Surgery: Including maxillofacial surgery.
- Orthodontics: Treatment for adults and kids, to correct the bite or improve the appearance of the teeth.
- Periodontics: Treatment for gum disease.
- Prosthodontics: Crowns, bridges, veneers, inlays, dentures, dental implants, and more.

## **Hearing Care**

UnitedHealth Allies members can save typically 10-60%\* on hearing aids and ancillary products from more than 6,500 hearing centers nationwide, including independent audiologists, hearing aid dispensers, universities, and hospitals.

Or, get hearing aids starting as low as \$675 each from hiHealthInnovations.

## **Infertility Treatment**

Members trying to conceive can typically save 10-25%\* on reproductive care from physicians and facilities in the ParentSteps® network. ParentSteps offers patients these advantages:

- Infertility Centers of Excellence Facilities: The ParentSteps provider network is comprised of centers that focus on high pregnancy rates and low triplet rates.
- Medical Treatment Discount: Members enjoy typical savings of 10-25%\* on most fertility treatments.
- Pharmacy Discount: Members save on fertility medications from a leading manufacturer and distributor.
- Specialized Clinical Consultants: Trained nurses specializing in infertility are available to provide guidance and education on causes of infertility, treatment alternatives, risks of multiples, and other patient questions.

<sup>\*</sup> Your actual savings will vary based on the health care professional you select and the care you require. Not all specialties are available in all areas.

<sup>\*\*</sup> Savings on behavioral health facilities are not available to continuing patients. Note: The Minimum Discount Guarantee does not apply to behavioral health care facilities.

# UnitedHealth Allies® Discount Card, continued

# **Long-Term Care Services**

Get the care you need for you, your spouse, your dependents and even your parents, grandparents, and in-laws at typical saving of 5-30%<sup>1</sup> on:

- · Home health care.
- · Homemaker services.
- · Respite care.
- · Hospice care.
- · Adult day care.
- · Skilled nursing homes.
- · Assisted living facilities.
- · Medical supplies and equipment.

#### **Vision Care**

Our vision network offers saving on eye exams, glasses, contact lenses, and even laser vision correction. You can save at more than 22,000 vision care locations and at more than 600 laser vision correction locations. Enjoy these vision care savings:

- Eye examinations: Pay no more than \$40 each for an annual eye exam for you, your spouse, and your dependents (an average saving of \$22).
- Eyeglass lenses (single-vision, bifocal, trifocal, lenticular):
   Typical savings of 20%.<sup>2</sup>
- Frames: Typical savings of 20%.<sup>2</sup>
- Laser vision correction: Typical savings of 15%<sup>2</sup> off standard pricing and 5% off promotional offers (available from all network providers). Or, choose fixed pricing ranging from \$695-\$1,895 per eye (available only from LasikPlus centers).
- Mail order contacts: Typical savings of 15%.<sup>2</sup>
- Patient options (tints, scratch resistant coatings, UV protection): Typical savings of 20-40%.<sup>2</sup>

#### Wellness

Be healthy and save money, with discounted rates on a wide range of wellness-related services and products. Here are just a few:

#### Fitness Clubs<sup>3</sup>

- Save on enrollment fees and monthly membership fees at more than 8,500 clubs, including Anytime Fitness, Curves, Gold's Gym, Jazzercise, Koko FitClub, and Snap Fitness.
- Get \$30 off the lifetime membership fee and 5% off monthly fees for classes at MyGym Children's Fitness Centers.

# Weight Management

- Jenny Craig®: Free 30-day program or 30% off the enrollment fee on an All Access Membership.<sup>4</sup> Log onto www.myuhone.unitedhealthallies.com to print out a discount coupon and find participating locations or call (877) Jenny70.
- Nutrisystem®: Get \$30 off every order plus the best available offer at Nutrisystem. Go to the Wellness section of www.myuhone.unitedhealthallies.com and click on Weight Management for details or call (800) 318-3905.
- To find fitness club locations near you or other programs, logon to www.myuhone.unitedhealthallies.com or call Customer Care at (866) 761-7748 for information.

# Nutrition

 Learn to eat right, and typically save 20%,<sup>2</sup> with personal nutritional counseling. To find providers near you, visit www.myuhone.unitedhealthallies.com or call Customer Care at (866) 761-7748.

# **Additional Savings**

Discounts are available on many types of wellness-related products, programs, and services, including:

Books and other media Nutrition

Fitness clubs and activities Personal development
Fitness equipment and apparel Relaxation resources
Health screening Smoking cessation
Natural products Weight management

Logon to *www.myuhone.unitedhealthallies.com* or call Customer Care at (866) 761-7748 for more information.

<sup>&</sup>lt;sup>1</sup> Savings on long-term care services are not available to continuing patients. Note: The Minimum Discount Guarantee does not apply to long-term care facilities.

<sup>&</sup>lt;sup>2</sup> Your actual savings will vary based on the health care professional you select and the care you require. Not all specialties are available in all areas.

<sup>&</sup>lt;sup>3</sup> Savings on fitness club fees available only to new members.

<sup>&</sup>lt;sup>4</sup> Plus the cost of food. Plus the cost of shipping, if applicable. Valid at participating centers. No cash value. One offer per person. Not valid with any other program offers or discounts. Restrictions apply.

# UnitedHealth Allies® Discount Card, continued

Not available in RI, VT, or WA.

## **Membership Features**

You, your spouse, and your dependent children are entitled to use the discount program to access discounts. The range of discounts for specified medical, pharmacy, or ancillary services and products provided under the plan will vary upon the type of provider and the type of services or products received. Members have free access to discounted health care services without waiting periods, notification periods, or other similar restrictions imposed by the discount program (except for hospital discounts). The Handbook describes the discount services available to you. For more detail, and to find providers in our network, visit www.myuhone.unitedhealthallies.com or call Customer Care at (866) 761-7748. Some specialties may not be available in all areas. To add additional family members, call Customer Care or visit the My Account section of the website.

# Application of Discount/Minimum Discount Guarantee

UnitedHealth Allies guarantees that for each service listed, you will save at least the minimum discount percentage advertised, as long as you follow the confirmation procedure outlined in the member Handbook or through the Customer Care Center. If you follow the confirmation procedure and do not receive at least the minimum discount to which you are entitled, contact Customer Care. UnitedHealth Allies will refund the difference between what you paid and what you should have paid, had the minimum discount been applied. The Minimum Discount Guarantee does not apply to hospitals, long-term care or behavioral health facilities, or pharmacy discounts, if included in the program.

Typical savings examples shown are examples only. Fees for Services vary by region, provider, and service rendered. Prices are subject to change without notice. The Minimum Discount Guarantee does not apply to discounts from hospital, long-term care, or behavioral health facilities or pharmacies.

#### **Privacy Policy**

UnitedHealth Allies is committed to protecting your privacy. We will ask you only for information necessary for you to use the program successfully, including but not limited to, name, gender, date of birth, spouse and/or dependent data, address, and contact information. UnitedHealth Allies may disclose the personal information we collect about you only to our affiliates and selected vendors or business partners who perform administrative services on our behalf, for the proper management and administration of UnitedHealth Allies; or as required by law. No personal information about you will be disclosed to any third party without your consent or knowledge, except in accordance with the policy.

UnitedHealth Allies will not sell your personal information, but may disclose information about our enrolled members in aggregate form to certain third parties. In all cases, we will disclose the information consistent with the applicable laws and regulations, and we will require the recipient to protect the information and use it only for the purpose it was provided.

#### **Modification of Terms**

UnitedHealth Allies reserves the right to modify the terms contained in this Agreement. UnitedHealth Allies will clearly post all changes to this Agreement on the website. Written notice of any material changes will be mailed to you prior to the effective date of the change.

#### Complaints

Members may file complaints about the availability of contracted discounts, or services, or other matters relating to UnitedHealth Allies' contractual obligations to its members. UnitedHealth Allies will acknowledge a complaint in writing within five (5) business days, will investigate the claim, and will provide you with the results of our investigation no later than the 30th calendar day after UnitedHealth Allies receives the complaint.

If you remain dissatisfied after following the UnitedHealth Allies complaint procedure, you may contact the office of the insurance commissioner in your state of residence.

UnitedHealth Allies will provide specific contact information for the state agency on request.

Oral or written complaints should be directed as follows: UnitedHealth Allies, MN103-0550, PO Box 1459, Minneapolis, MN 55414, Phone: (800) 860-8773